EMILY ABOUD

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London/Trinidad & Tobago

Theatre Director - Film Director - Playwright - Dramaturg

Positions Held

Artistic Director - Lagahoo Productions

Education

MA Theatre Directing - Mountview Academy of Theatre Arts
BEng Mechanical Engineering - The University of Edinburgh

Accolades

Evening Standard Future Theatre Award
OFFIE-nominated for Best Director - Lady Dealer
Shortlisted for the Peter Hall Director's Award 2025/2023
National Theatre Directors Course 2022
Shortlisted for the JMK Award 2022/2021
Recipient of a Tier 1 Artist of Exceptional Talent Visa

As Director

Current/Upcoming

The Story (Associate Director) at the Olivier Theatre, The National Theatre, August-October 2026. Directed by Clint Dyer.

Seussical: The Musical at Arts Ed. January 2027

2026

Tender by Eleanor Tindall at Bush Theatre Main House. July 2026

Nine Sixteenths by Paula Varjack. Touring at Bristol Tobacco Factory, Cambridge Junction, Warwick Arts Centre, Nottingham Playhouse, The Lowry and Brixton House.

The Harder They Come (Associate Director) at Theatre Royal Stratford East. May-June 2026. Directed by Matthew Xia

2025

Cinderella by Liv Morris. Stanley Arts. Stanley Arts Pantomime.

Disco Inferno by Martha Watson-Allpress. Playing Up Company, National Youth Theatre, July 2025

Callisto: A Queer Epic by Hal Coase. Jermyn Street Theatre, April 2025

Sweet Charity by Coleman, Fields and Simon. Mountview Backstage Theatre, January 2025.

2024

Tender by Eleanor Tindall. Bush Theatre. November-December 2024.

Lady Dealer by Martha Watson Allpress. Bush Theatre. May-June 2024.

- ★★★★★ The Stage
- ★★★★★ The List

Rock DJ and Three Other Songs that Saved the World by Louis Rembges. New Diorama, June 2024.

Haemosporidian by Sam Purkis. Lyric Hammersmith, May 2024.

Superhumans A Kiln Theatre Production for the Minding the Gap Young Company. April 2024.

Dickless by Aisha Josiah, Riverside Studios. January 2024

2023

Flip! by Racheal Ofori, produced by Fuel Theatre and Alphabetti Theatre. UK Tour. November 2023

- ★★★★ The Stage

SPLINTERED by Emily Aboud, produced by Lagahoo Productions. Soho Theatre Mainhouse, April 2023.

- Transferred from Soho Theatre Upstairs, originated at the Edinburgh Fringe.
- ★★★★★ The Guardian
- ★★★★ The Evening Standard

Close Quarters by Kate Bowen. Linbury Theatre LAMDA. February 2023.

When All Is Said - A series of monologues by Black Trans writers, curated by Travis Alabanza. Produced by Fuel Theatre. Performed at Contact MCR, Leicester Curce and Shoreditch Town Hall.

2022

BOGEYMAN by Emily Aboud, produced by Lagahoo Productions. Pleasance QueenDome, Edinburgh Fringe 2022.

- ★★★★ - The Scotsman
- ★★★★ - The List

Salt Slow - Devised with the CDT Students at the Royal Central School of Speech and Drama.

- An adaptation of a novel by Julia Armfield, focusing on horror, capitalism and womanhood.

Chatham House Rules by Louis Rembges, produced by Grace Dickson Productions. Pleasance Theatre March 2022

Dolly by Chantelle Dusette, produced by Bruised Sky Productions. Park Theatre May 2022.

2021

Pink Lemonade by Mika Johnson**,** produced by HighTide & The Queer House. Bush Theatre 2021 and UK Tour, Assembly Roxy Downstairs, Edinburgh Festival Fringe 2019.

- ★★★★ The Stage
- ★★★★ the Guardian
- ★★★★ The Evening Standard

The Welkin by Lucy Kirkwood at Italia Conti for the 3rd year Acting students. Avondale Theatre

The Antipodes by Annie Baker at the University of Bedfordshire for the 3rd year Acting students.

Red Velvet by Lolita Chakrabati at Italia Conti for the 3rd year Acting students. Avondale Theatre

2020

The Fairytale Revolution Pantomime by Anna Spearpoint and Louise Beresford. December 2020 Theatre503.

- Streamed live for 5 nights to over 8000 viewers.

[blank] by Alice Birch at ALRA for the 3rd year Acting students. September 2020. ALRA Theatre

Ostrich by Alistair Wilkinson (R&D). ACE-funded research and development with support from the Old Vic.

2019

Exceptional Promise by Project2036. Bush Theatre Studio, June 2019.

Facehugger by Louis Rembges, produced by Grace Dickson. Mountview Academy. Backstage Theatre, July 2019

Salty Irina by Eve Leigh, produced by Broccoli Arts. Ovalhouse, May 2019.

2018

A Place for We by Archie Maddocks, produced by Talawa. Rich Mix, June 2018.

Spring Awakening by Sater & Sheik. Paradise at Augustine's, Edinburgh Festival Fringe.

As Writer

Insurrection: A Work In Progress, Royal Opera House. March 2023.

- A five-night run of a new opera featuring folk songs from Barbados, never-before arranged for an opera. Directed by Ellen McDougall.

SPLINTERED Soho Theatre Mainhouse. April 2023. Also Director, see above

BOGEYMAN Pleasance QueenDome. Edinburgh Fringe 2022. Also Director, see above

Superhumans Kiln Theatre. Minding the Gap. April 2024 .Also Director, see above.

Facilitation Work

2025

Disco Inferno by Martha Watson-Allpress, for Playing Up at the National Youth Theatre.

- Working with young people who have been excluded from school to make a large-scale production through devising and collaborating as part of their actor training.

2024

Superhumans by Emily Aboud, for Minding the Gap Young Company at Kiln Theatre.

- Writing and directing with young asylum seekers aged 12-18 to devise and create a show for their Easter Holiday break

2023

Harrow Arts Young Company Showcase by Emily Aboud, for Harrow Arts Centre

- Training and devising with young people for a final showcase after 10 weeks of workshops.

2022

Cardboard Citizens Panto with the Outside Project devised by the cast,

- Training and devising with queer people who have experienced homelessness

Additionally, I have run directing, acting, cabaret and devising workshops for Oregon University, GRAEAE, Talawa Theatre, the Young Vic, The Sheffield Crucible, Mountview Academy, Theatre Peckham and RCSSD among others.

Annually I go to Trinidad & Tobago, where I grew up, to teach at Lilliput Children's Theatre with children aged 6-18 for their annual showcase.

As Assistant Director

The Harder They Come by Suzan-Lori Parks. Directed by Matthew Xia. Stratford East, October 2025

A Small Place by Jamaica Kincaid. Directed by Anna Himali Howard at the Gate Theatre, November 2018.

Going Through by Estelle Savasta. Directed by Omar Elerian at The Bush Theatre, April 2019.

Deposit by Matt Hartley. Directed by Lisa Spirling at the Hampstead Theatre. May 2017.

Child of the Divide by Sudha Bhuchar. Directed by Jim Pope at the Polka Theatre, UK Tour and International Tour, October 2017- May 2018

Film

Straight to the Point- a docu-series for Trinidad & Tobago Television (TTT). Written, directed and edited by Emily Aboud it is post-production to be distributed on national television, exploring queerness in the Caribbean and the historic ruling of the decriminalization of the buggery law in 2018.